



## CLIENT INTAKE INFORMATION

This information is used by your therapist for administrative purposes, and to become familiar with your presenting concerns, history, and possible areas of mental health and wellness to be worked on in your counseling services. Please answer as thoroughly as you can. Thank you for giving us the opportunity to serve you.

Date \_\_\_\_\_

### Client Information

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_

Nickname \_\_\_\_\_ Gender:  Male  Female

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Social Security Number \_\_\_\_\_

(required by most insurance companies)

Marital Status:  Married  Single  Separated  Divorced  Other (explain) \_\_\_\_\_

Employment:  Employed  Full-time Student  Part-time Student  Unemployed/Other

**HIPAA Agreement was provided (sign here):** \_\_\_\_\_

Telephone:  Mobile ( ) \_\_\_\_\_  No messages  Voice Messages  Text Messages

Home ( ) \_\_\_\_\_  No messages  Voice Messages

Work ( ) \_\_\_\_\_  No messages  Voice Messages  Text Messages

Preferred Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Address \_\_\_\_\_  
Street City State Zip

Employer \_\_\_\_\_

Employer Address \_\_\_\_\_  
Street City State Zip Phone

Occupation/Title/Position: \_\_\_\_\_

405 S. Clairborne, Suite 1 Olathe, KS 66062 Phone 913-764-5463

**Background Information**

Spouse &/or Parents Name (circle which applies) \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Social Security Number \_\_\_\_\_

Address \_\_\_\_\_ Employer \_\_\_\_\_

Telephone: Mobile ( ) \_\_\_\_\_ Work ( ) \_\_\_\_\_ May I contact them at work? \_\_\_\_\_

Please list additional family members living with you:

	Name	Relationship	Date of Birth	Employer/School
1.	_____	_____	_____	_____
2.	_____	_____	_____	_____
3.	_____	_____	_____	_____
4.	_____	_____	_____	_____

**Who may we contact in the event of an emergency?**

Name: \_\_\_\_\_ Phone number: \_\_\_\_\_

Relationship? \_\_\_\_\_

Please describe briefly the concern or situation, which led you to seek services at this time:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How long has this been a concern? \_\_\_\_\_

Have you experienced this type of concern before?  YES  NO If so, when? \_\_\_\_\_

Have you had any significant events, either positive or negative, occur recently or in a notable amount of time, such as job/school changes, death(s), changes in finances, living situation, illness, infertility, etc?

\_\_\_\_\_

\_\_\_\_\_

Physician \_\_\_\_\_

Name	Address	Phone #
_____	_____	_____

Do you regularly have physical wellness check-ups?  YES  NO

If you have noticed any recent changes in the following areas, please circle those changes:

- A) vision, hearing, coordination, balance, strength, speech, memory, or thinking
- B) energy, sleeping, eating, elimination, menstrual cycle, or sexual activity

Are you currently seeing a counselor, therapist, psychologist, or psychiatrist  YES  NO

If yes, who? \_\_\_\_\_

Have you ever had counseling before?  YES  NO

If so, when and why? \_\_\_\_\_

\_\_\_\_\_

Was it helpful?  YES  NO If not, why not? \_\_\_\_\_

Have you ever had medication prescribed for psychiatric or emotional difficulties?  YES  NO

If so, please list: \_\_\_\_\_

\_\_\_\_\_

Have you ever been physically, sexually, or emotionally abused?  YES  NO

If yes, briefly describe: \_\_\_\_\_

\_\_\_\_\_

Have you ever been hospitalized for mental or nervous problems?  YES  NO

If yes, when and where: \_\_\_\_\_

Are you experiencing any issues related to sexuality (i.e. sexual identity, compulsive pornography use, desire, performance, etc.)?  YES  NO

If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Have you ever attempted suicide?  YES  NO

If yes, how and when: \_\_\_\_\_

\_\_\_\_\_

Are you suicidal now?  YES  NO

How often do you drink alcohol? \_\_\_\_\_

Have you ever been arrested for driving under the influence (DUI)?  YES  NO

Do you smoke or use tobacco?  YES  NO

If yes, how much? \_\_\_\_\_

Do you use recreational drugs?  YES  NO

If yes, what drugs do you use and how often? \_\_\_\_\_

Do you have any concerns about alcohol/drug usage by members of your family?  YES  NO  
If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

Are you currently involved or expected to be involved in any court related matters?  YES  NO  
If yes, please describe: \_\_\_\_\_  
\_\_\_\_\_

Have any of your biological relatives had concerns similar to yours, or had any other psychiatric or emotional difficulties?  YES  NO  
If yes, which relatives and what kind of concerns/difficulties: \_\_\_\_\_  
\_\_\_\_\_

**Religious and Spiritual**

Do you consider yourself spiritual?  YES  NO Religious?  YES  NO  
Comment? \_\_\_\_\_

Do you currently express this spirituality through religious practice?  YES  NO  
Comment? \_\_\_\_\_

Would you like spirituality included in your counseling?  YES  NO

Church affiliation \_\_\_\_\_

How did you hear about Lifeline Counseling Center or your counselor (check all that apply)? ____ Google ____ Yahoo ____ Bing ____ Facebook ____ Psychology Today ____ Agency/Organization (which? _____) ____ <b>Lifeline Counseling Website</b> ____ Pastor, Priest, Rabbi, Church, etc. (which? _____) ____ Insurance referral _____ Dr. _____ ____ Individual (who? _____) ____ Other (please specify _____)  If applicable, do I have permission to thank the person who referred you? <input type="checkbox"/> YES <input type="checkbox"/> NO  Contact Name and Number _____
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**Demographic Information** (optional...may skip this section and go to next page)

This information is confidential and used for statistical purposes. Providing demographic information is voluntary.

Ethnicity: \_\_\_\_ Caucasian/White \_\_\_\_ American Indian/Alaska Native \_\_\_\_ Middle Eastern  
\_\_\_\_ African American/Black \_\_\_\_ Native Hawaiian/Pacific Islander \_\_\_\_ Asian  
\_\_\_\_ Hispanic/Latino \_\_\_\_ Other \_\_\_\_\_

Education of Adults in Household (put initials of each adult if more than one):  
\_\_\_\_ Some High School \_\_\_\_ Associate's Degree \_\_\_\_ Doctorate  
\_\_\_\_ High School Graduate \_\_\_\_ Bachelor's Degree \_\_\_\_ Trade/Specialty  
\_\_\_\_ Some College \_\_\_\_ Master's Degree \_\_\_\_ Other \_\_\_\_\_

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**Presenting concerns:** (check all that apply – if attending couples or family counseling please put initials of each person next to the concerns that apply.)

- |  |  |   |   |
|--|--|---|---|
| <input type="checkbox"/> very unhappy                | <input type="checkbox"/> impulsive             | <input type="checkbox"/> undependable                     | <input type="checkbox"/> self-control       |
| <input type="checkbox"/> insecurity                  | <input type="checkbox"/> obsessive/compulsive  | <input type="checkbox"/> intense headaches                | <input type="checkbox"/> stealing           |
| <input type="checkbox"/> irritable/critical          | <input type="checkbox"/> nervousness           | <input type="checkbox"/> temper outbursts                 | <input type="checkbox"/> bullying           |
| <input type="checkbox"/> no joy                      | <input type="checkbox"/> panic attacks         | <input type="checkbox"/> employment problems              | <input type="checkbox"/> loneliness         |
| <input type="checkbox"/> withdrawn/isolation         | <input type="checkbox"/> racing thoughts       | <input type="checkbox"/> repetitive/ritualistic behaviors | <input type="checkbox"/> grief              |
| <input type="checkbox"/> tiredness                   | <input type="checkbox"/> fearful               | <input type="checkbox"/> seizures                         | <input type="checkbox"/> lying              |
| <br>   |  |   |   |
| <input type="checkbox"/> frustration                 | <input type="checkbox"/> shyness               | <input type="checkbox"/> financial stress                 | <input type="checkbox"/> flashbacks         |
| <input type="checkbox"/> moody                       | <input type="checkbox"/> worry                 | <input type="checkbox"/> legal problems                   | <input type="checkbox"/> nightmares         |
| <input type="checkbox"/> depression                  | <input type="checkbox"/> health problems       | <input type="checkbox"/> problems w/ex-spouse             | <input type="checkbox"/> eating problems    |
| <input type="checkbox"/> memory loss                 | <input type="checkbox"/> self-harming          | <input type="checkbox"/> sexual problems                  | <input type="checkbox"/> sleeping problems  |
| <input type="checkbox"/> short attention span        | <input type="checkbox"/> stressed out          | <input type="checkbox"/> relationship issues              | <input type="checkbox"/> bed wetting        |
| <input type="checkbox"/> concentration difficulty    | <input type="checkbox"/> destructive           | <input type="checkbox"/> affair                           | <input type="checkbox"/> school issues      |
| <br>   |  |   |   |
| <input type="checkbox"/> crying spells               | <input type="checkbox"/> excessive daydreaming | <input type="checkbox"/> divorce/separation               | <input type="checkbox"/> work/career issues |
| <input type="checkbox"/> lack of energy              | <input type="checkbox"/> hair pulling          | <input type="checkbox"/> significant alcohol use          | <input type="checkbox"/> pornography use    |
| <input type="checkbox"/> lacks motivation            | <input type="checkbox"/> mean to others        | <input type="checkbox"/> problems with friends            | <input type="checkbox"/> drug use           |
| <input type="checkbox"/> difficulty making decisions | <input type="checkbox"/> distractible          | <input type="checkbox"/> parenting problems               | <input type="checkbox"/> social problems    |
| <input type="checkbox"/> emotional abuse             | <input type="checkbox"/> paranoia              | <input type="checkbox"/> stomach/bowel problems           |   |
| <input type="checkbox"/> sexual abuse                | <input type="checkbox"/> strange thoughts      | <input type="checkbox"/> chronic pain                     |   |
| <input type="checkbox"/> physical abuse              | <input type="checkbox"/> strange behavior      | <input type="checkbox"/> problems w/parents               |   |
| <input type="checkbox"/> homicidal thoughts          |  |   |   |
| <input type="checkbox"/> suicidal thoughts           |  |   |   |

Explain: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

What are your goals for treatment (what do you want to accomplish with counseling?)

1) \_\_\_\_\_  
 \_\_\_\_\_

2) \_\_\_\_\_  
 \_\_\_\_\_

3) \_\_\_\_\_  
 \_\_\_\_\_

Is there anything else that you feel is important for your therapist to know?

\_\_\_\_\_

\_\_\_\_\_